

Philmont Personal Equipment List (Rev4)

Crew: _____ Name _____

Packing Qty * denotes a "10 essentials" item

Pack (w/ padded hip belt) (w/ separable pack) 65 L (min) (internal frame) Vol _____

Pack cover

Zip-lock bags (6-12 1-gallon bags)

Sleeping

Sleeping bag in stuff sack (w/ plastic liner) (20°F)

Sleep clothes in stuff sack (t-shirt, gym shorts)

Straps to hold sleeping bag in place

Foam or inflatable sleeping pad

Clothing (Layer A - Hiking clothes)

Hiking boots (must cover ankles)

Lightweight sneakers (closed toe)

3 pair heavy socks

3 pair light inner socks (optional)

3 changes underwear

2 hiking shorts

3 short sleeve shirts (Contingent tee shirts)

1 hat with flexible brim

Clothing (Layer B - Cool evening)

1 long sleeve shirt (synthetic, wool, or flannel)

1 long pants, light synthetic (not heavy jeans)

Clothing (Layer C - Cold)

1 sweater or jacket (wool or polar fleece)

1 stocking cap (wool or synthetic)

1 pair insulated underwear

1 pair gloves, glove liners or mittens

Clothing (Layer D - Cold, Wet, Windy)

1 sturdy rainsuit*(parka and pants)

Eating

1 deep bowl

1 cup (measuring style)

1 spoon or Spork

2-3 quart water bottles* (1 marked as a smellable) or
2 liter hydration pack/1 qt water bottle (marked)

Personal

small pocket knife*

lighter (or matches in a waterproof container)*

headlamp/flashlight (w/ extra batteries and bulb)*

compass*

watch*

whistle*

work gloves

2 bandannas or handkerchiefs (can be cotton)

lip balm

soap, biodegradable

toothbrush / small toothpaste

small towel

sunglasses (w/ snugger cord)

ditty bag (for toiletries, smellables)

notepad and pen

medicines for entire trip (in original container)

camp pillow / pillowcase (optional)

trekking poles (w/ rubber tips) or hiking stick (optional)